

Keep Your Child Safe

from Lead Poisoning

Ashtabula County Health Department
12 West Jefferson Street
Jefferson OH 44047
(440) 576-6010



Ohio Department of Health
Bureau of Child and Family Health Services
Childhood Lead Poisoning Prevention Program
246 North High Street
Columbus, OH 43215
(614) 466-5332
1-877 NOT-LEAD
<http://www.odh.ohio.gov>
bcfhs@odh.ohio.gov

How Lead Poisons Your Child



Most children get poisoned in their homes.

Children under 3 are at greater risk. Your child can eat or breathe in lead. A small amount of lead dust can poison your child. Lead can be found in many places.

The most common lead hazards are:

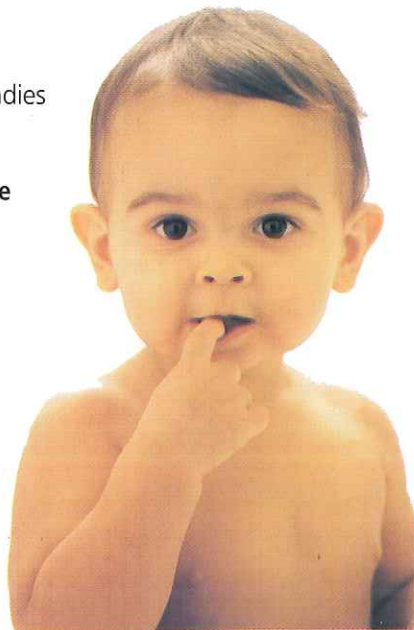
- Chipping and peeling paint and dust in homes built before 1978

Some other places where lead is found:

- Soil or dirt
- Some children's toys and jewelry
- Some jobs (painters, welders), hobbies (making stained glass, casting fishing sinkers)
- Folk remedies and cosmetics (kohl, greta, azarcon)
- Some ceramics and crystal
- Some imported foods and candies
- Painted furniture

Problems from lead can last a lifetime

- Learning problems
- Lowered attention span
- Slow growth
- Hearing loss
- Juvenile delinquency
- Hyperactivity



Lead is dangerous

Don't wait until it's too late

Your child may have:

- Stomachache
- Headache
- Tiredness
- Anemia



Your child may not look or act sick

—You may not know your child is poisoned until it's too late

When is my child at risk?

1. Does your child live in or regularly visit a house built before 1950? This includes a day care center, preschool or home of a baby sitter or relative.
2. Does your child live in or visit a house that has peeling, chipping, dusting or chalking paint?
3. Does your child live in or visit a house built before 1978 with recent, ongoing or planned renovation/remodeling?
4. Does your child have a sibling or playmate that has or did have lead poisoning?
5. Does your child frequently come in contact with an adult who has a hobby or works with lead? Examples are construction, welding, pottery, painting and casting ammunition.

If the answer is "yes" to any of these questions, ask your doctor for a blood lead screening test.

Ask About a Blood Test!

Only a blood test will let you know if your child is lead poisoned.

Many of Ohio's children should be tested for lead at 1 and 2 years old.

To ask about a blood test for your child, call your:

- Doctor's office
- Local health department
- Local clinic



Your Unborn Baby Can Be Harmed by Lead

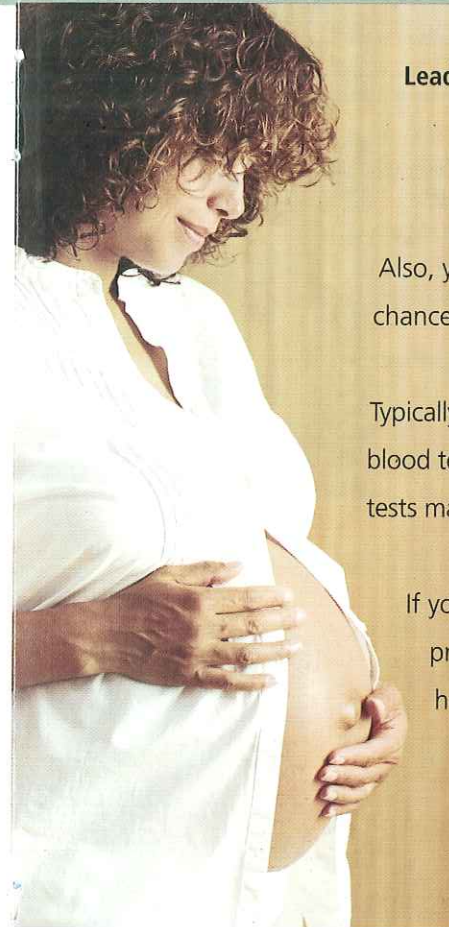
Lead can cause your baby to:

- Be born too small
- Be born too soon

Also, you could have a higher than normal chance of having a miscarriage.

Typically, pregnant women should not have their blood tested for lead. While pregnant, blood tests may not be accurate.

If you are pregnant or thinking of becoming pregnant, talk to your doctor and learn how to prevent lead poisoning.



You Can Prevent Lead Poisoning

Do these things:

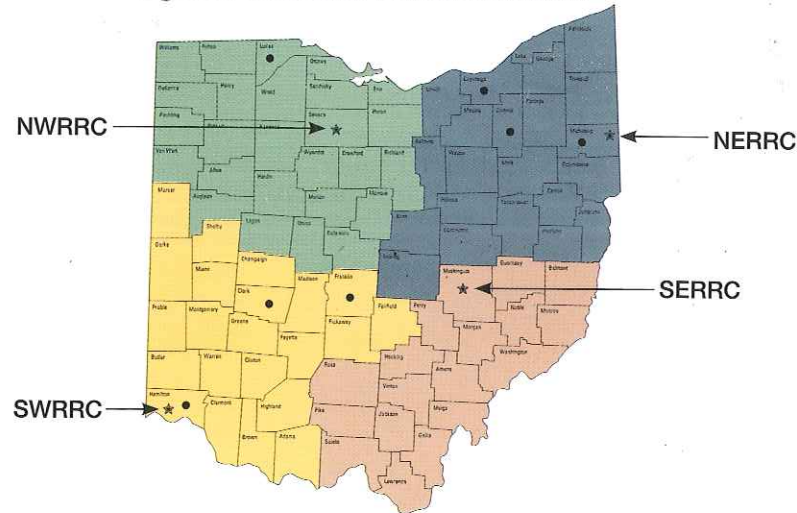
- Keep your house clean
 - Wash floors and window sills often
 - Dust with damp cloth
 - Wet mop
- Test your house for lead before
 - Paint removal
 - Remodeling
- Avoid peeling, chipping lead paint
 - Get expert help, call your health department for more information
 - Avoid dry sanding paint
 - Avoid using a heat gun to remove old lead paint



- Many vinyl or plastic miniblinds have lead in them. Make sure yours are lead-free.
- Wash your child's hands well and often
- Leave your shoes at the door
- Give your child healthy, well-balanced foods
 - Some examples are:
Milk, meat, cereal, beans, peas, spinach, cheese, cooked greens
- Keep your child's regular doctor visits
- Protect yourself and your family if your job exposes you to lead by changing out of work clothes.



• Childhood Lead Poisoning Prevention Program
 ★ Regional Education Resource Centers



★ NWRR
Northwest Regional Resource Center
Seneca County General Health District
 71 S. Washington Street, Suite 1102
 Tiffin, Ohio 44883
 phone: (800) 698-3691
 fax: (419) 447-0872

★ SWRR
Southwest Regional Resource Center
Cincinnati Department of Health
 3101 Burnet Avenue
 Cincinnati, Ohio 45229
 phone: (800) 957-3810
 fax: (513) 357-7432

★ SERR
Southeast Regional Resource Center
Zanesville-Muskingum County Health Department
 205 N. Seventh Street
 Zanesville, Ohio 43701
 phone: (740) 454-9741
 fax: (740) 455-6726

★ NERR
Northeast Regional Resource Center
Mahoning County Board of Health
 50 Westchester Drive
 Youngstown, Ohio 44515
 phone: (866) 887-6779 ext. 138
 fax: (330) 270-9194

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Childhood Lead Poisoning Prevention Program
 246 N. High Street
 Columbus, Ohio 43215
 phone: (614) 728-9454
 fax: (614) 728-6793

• CLPPP
Childhood Lead Poisoning Prevention Program
Akron City Health Department
 177 S. Broadway
 Akron, Ohio 44308
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• CLPPP
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Cincinnati Department of Health
 3101 Burnet Avenue
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• CLPPP
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Clark County Combined Health District
 529 E. Home Road
 Springfield, Ohio 45503
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 fax: (937) 390-5625

• CLPPP
Childhood Lead Poisoning Prevention Program
Cleveland Department of Public Health
 1925 St. Clair Avenue
 Cleveland, Ohio 44114
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 fax: (216) 664-3353

• CLPPP
Childhood Lead Poisoning Prevention Program
Columbus City Health Department
 240 Parsons Avenue
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• CLPPP
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• CLPPP
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 50 Westchester Drive
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• CLPPP
Childhood Lead Poisoning Prevention Program
Toledo Lucas County Health Department
 635 Erie Street
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